Creative Arts Therapy Research Guide

Books

- Search HillCat for your specific topic— you can do a keyword search for
  
  *Expressive therapy*
  or
  *creative arts therapy*, for instance.

- The official “library terms” are “Art Therapy” and “Music Therapy”; also try searching for those. In the “Find Results In” column, make sure to highlight “Subject.”
  These are the most comprehensive lists of the books on the topics. Use the sort feature at the top left of the results list to sort by “Publish Date Descending” if you need the most recent material.

- A couple of general materials to get you started—


Websites

Online directories can be a big help when researching the web.

Yahoo! Directory has a “Therapeutic Methods > Arts Therapy” category that you may find useful. (You can also search the directory for your specific topic.)

Google offers a similar directory.
**Journal Articles**

The best databases for you will vary, depending on your focus. For example, if you are interested in the physical benefits of a creative therapy, MEDLINE would be a good choice. If your focus is on the integration of creative therapies in a K-12 educational setting, ERIC would be better.

**EBSCOhost databases:**
- Academic Search Elite (general-purpose; usually start here)
- ERIC (education)
- MEDLINE (medical focus)
- PsycARTICLES
- PsycINFO

**JSTOR** (back issues; good art and music journal collection)

**Sage Online Journals** (scholarly journal articles on a wide variety of topics; particularly strong in the social sciences)

**APA Format**

A handy [YouTube video](http://www.youtube.com) that will help you format your paper properly in Microsoft Word.

The [OWL at Purdue University](http://owl.purdue.edu) is a fantastic reference for formatting questions.

**For more help**

Call the library’s main phone line (724-838-4291) to speak with the librarian on duty.

You can also contact me (Kelly Addleman) directly at 724-830-1174 or by email at addleman@setonhill.edu.